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LOCAL BRAIN INJURY SURVIVORS COLLABORATE IN NEW CULTURALLY DIVERSE ARTFUL BOOK

Local brain injury survivors' celebrate the publication of their new book *Brain Back to Life: Cerebro La Vida*

PLANO, TX JULY 29, 2021 - BIND: Brain Injury Network of Dallas, a nonprofit brain injury clubhouse based in Plano, Texas, is excited to announce the publication of a new book, *Brain Back to Life: Cerebro La Vida*, written by the brain injury survivors they serve. The 2nd Edition of the survivors' first work, *Bind Us Together*, was also recently released. The books, available this week on Amazon, benefit BIND's programs serving North Texas.

About *Brain Back to Life: Cerebro La Vida*.— More than 30 BIND program members -survivors of stroke, traumatic brain injury, and brain cancer - came together to write and contribute their personal stories, original art, and poetry in English, Spanish and Korean. This resulting book was imagined, created, collected, and edited by the survivors.

"I am incredibly proud of our members for their determination and collaboration to make this book and for the courage through vulnerability required to bring the project to reality today. Together they have found that expression through writing and art not only supports their own recovery but also gives a voice to the millions of Americans living with brain injury." - Valerie Gotcher, MS, CCC-SLP, BIND Founder & Executive Director

The newest book, *Brain Back to Life: Cerebro La Vida*, is a labor of love by BIND members that was inspired by the power of survivor stories in BIND's first book, *BIND Us Together*. *Brain Back to Life: Cerebro La Vida* blossomed into the creative visual arts through the writing process. Written in English and Spanish, with poetry in Korean, the book includes the journeys of BIND members from diverse backgrounds. The common goal of the authors was to further personal recovery while inspiring others to have hope and gain an understanding of life with brain injury.

"Celebrating life after these experiences is our priority. Living in the here and now is essential... today is our opportunity to be a possibility for many people through our experience, to choose to live fully because everything can change in a short moment." - Kezia R., Contributing Author & Editor, Brain Back to Life: Cerebro La Vida.

"Celebrar la vida después de estas experiencias es nuestra prioridad. Vivir en el aquí y ahora es fundamental ... hoy es nuestra oportunidad de ser una posibilidad para muchas personas a través de nuestra experiencia, de elegir vivir en plenitud porque todo puede cambiar en poco tiempo." - Kezia R., autora colaboradora y editora, Brain Back to Life: Cerebro La Vida

About BIND: Brain Injury Network of Dallas – BIND operates the first and only Brain Injury Clubhouse in Texas. BIND's Mission is to provide tools and a bridge of support to adult survivors of acquired brain injury so they can reconnect to work, life, and the community. In 2021 BIND celebrates its 10th year as a nonprofit serving the North Texas community and is a proud member of IBICA: International Brain Injury Clubhouse Alliance. www.thebind.org

For more information about the books, BIND, or authors, contact valerie@thebind.org or 855-769-2463 X 705

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