



2019 Impact Report

Our Mission: BIND provides tools and a bridge of support to adult brain injury survivors so they can reconnect into life, the community and workplace.

Our Vision: To lead the DFW area in providing member-driven services and serve as the model for Brain Injury Clubhouses across the state of Texas.

400 Texans

receive medical care for a newly acquired brain injury every day

77% of Members

report stable or improved quality of life after attending BIND for 6 months

\$60 a Day

per member provides holistic programming ~ addressing physical, cognitive & mental health needs

Who We Are

BIND exists to support the realization of meaningful and productive life after an adult experiences a brain injury. BIND provides member-driven, lifelong services for survivors of stroke, traumatic brain injury, brain cancer and other acquired neurological conditions.

- **The Power of Membership:** At BIND, survivors of brain injury are considered members, not patients, and thus claim responsibility for making program decisions and directing the daily operations of the Clubhouse.
- **The Work-Ordered Day:** The program day is structured around meaningful work within units. Members choose to complete tasks that directly support the operations of the Clubhouse – including answering phones and responding to emails, hosting advocacy events, writing and editing articles, leading wellness activities, cleaning the program area or preparing lunch.
- **Peer Relationships:** Members work and interact side by side with staff and volunteers as peers. Through this relationship, members receive necessary support while still maintaining ownership over their service planning at the Clubhouse.
- **Lifelong, Voluntary Membership:** Clubhouse membership offers survivors of brain injury consistent, long-term support that is available for as long as the member needs or desires.

Board of Directors & Leadership

Ryan Shultz, CPA - President
Cheri Morrow - Secretary
Brian White, MRC, LPC - Treasurer
Rachita Sharma, PhD, CRC, LPC-S

Karl Heller, US Army Ret.
Allison Jordan, MS, CCC-SLP
Colleen Casey, PhD
Scott Snellings, Esq.

Advisory Committee: Nellie Montgomery, Bob Gibbons, David Russum

Executive Director: Valerie Gotcher, MS, CCC-SLP

Program Director: Alexandra Barna, BBA, BA

Unit Coordinators: Jasmine Cantu, BS, BA & Diana Diaz, MS, CCC-SLP



20 Members

entered the program to total 70 active members

65 Hours

dedicated by members to educate and advocate in the community

200+ Resources

provided by phone or email to Texans affected by brain injury

270 Visitors

received a member-led tour of the BIND program

4,022 Hours

dedicated to the BIND mission by volunteers & student interns

Contact BIND

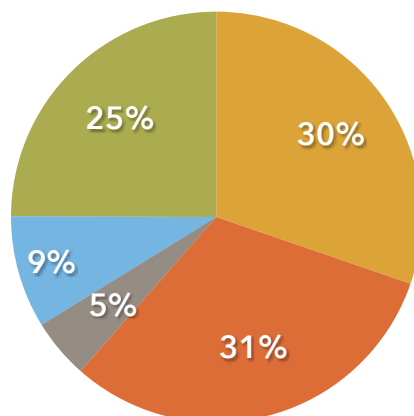


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2019 Achievements

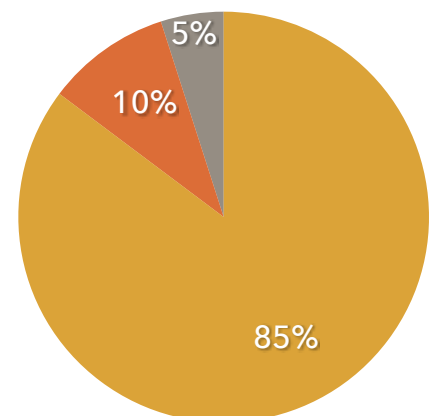
- Increased total number of members served from 50 to 70
- Expanded volunteer & internship support to total 4,022 hours
- Supported employment re-entry for 4 members & college graduation for 2 members through the Work Readiness Program
- Raised a record-breaking \$96,000 at the Masquerade Gala in October
- Received grant awards from Communities Foundation of Texas, Junior League of Collin County, The Awesome Foundation, The Lightner Sams Foundation, TEGNA Foundation, & City of Plano
- Advocated for brain injury awareness by bringing the Unmasking Brain Injury display to: Plano Public Library, Shops at Willow Bend, & Medical City Plano
- Responded to 200+ calls & emails requesting information/resources for survivors & caregivers across the state of Texas
- Maintained physical health of members through enhanced safety awareness, targeted exercises & fall prevention programming resulting in only 13 total reported falls among all 70 members
- Hosts a group for Spanish-speaking brain injury & spinal cord injury survivors along with a group exclusively for caregivers
- Leads area support groups for brain injury survivors & provides education to first responders through local Police Department Crisis Intervention Teams
- Partners with Universities to supplement program services through skilled internship experiences (UNT, UTA, Parker, TWU, Mountain View, Texas Tech)
- Provided volunteer service to: Medical City Plano, Rehab Without Walls, Hope's Door, Plano Public Libraries, Minnie's Food Pantry, Steven A Cohen Military Family Clinic, City of Plano Community Cleanup, & PATE Rehabilitation
- Expanded wellness programming for Members to total 3,000+ hours, including: therapeutic art, book club, brain training, education, exercise, meal preparation, individual counseling & men's/women's adjustment groups
- Controlled program expenses so that Membership dues remain as low as possible & dedicated 85% of income to programs

2019 Financials



Income: \$259,000

- Individual Donations & In-Kind Gifts
- Events
- North Texas Giving Day
- Earned Income
- Grants



Expenses: \$338,000

- Programs
- Fundraising
- Operating