



2018 Impact Report

Our Mission: BIND provides tools and a bridge of support to adult brain injury survivors so they can reconnect into life, the community and workplace.

Our Vision: To lead the DFW area in providing member-driven services and serve as the model for Brain Injury Clubhouses across the state of Texas.

Quality of Life

74% of BIND Members report stable or improved quality of life after 6 months in our program

50 Members

currently receive services from the BIND program each week

\$60 a Day

per Member provides holistic programming as compared to \$240/day for adult day care

2,880 Hours

volunteer service dedicated to the BIND mission in 2018



Who We Are

BIND exists to support the realization of meaningful and productive life after an adult experiences a brain injury and no longer receives traditional medical care. The BIND program continues to be the only provider of member-directed support services for brain injury survivors in Texas.

- **The Power of Membership:** At BIND, survivors of brain injury are considered Members, not patients, and thus claim responsibility for making program decisions and directing the daily operations of the Clubhouse.
- **The Work-Ordered Day:** The program day is structured around meaningful work in a work unit. Members choose to complete tasks that directly support the operations of the Clubhouse – from hiring staff, to advocating for brain injury services, to writing a newsletter article or preparing lunch.
- **Peer Relationships:** Members work and interact side by side with staff and volunteers as peers. Through this relationship, Members receive necessary support while still maintaining ownership over their service planning at the Clubhouse.
- **Lifelong, Voluntary Membership:** Clubhouse membership offers survivors of brain injury consistent, long-term support that is available for as long as the Member needs or desires.

Board of Directors & Leadership

Ryan Shultz, CPA - President
Russell Button, Esq - VP
Cheri Morrow - Secretary
Brian White, MRC, LPC - Treasurer
Colleen Casey, PhD
Advisory Committee Members: Nellie Montgomery, Bob Gibbons
Executive Director: Valerie Gotcher, MS, CCC-SLP

Karl Heller, US Army Ret.
Allison Jordan, MS, CCC-SLP
David Russum, MBA
Rachita Sharma, PhD, CRC, LPC-S
Jim Traister

2018 Achievements

- Opened 5 days per week in January 2018
- Increased total number of Members from 20 to 50
- Expanded volunteer and internship support to total 2,880 hours
- Executed a contract with Texas Workforce Solutions to provide Work Readiness through the Personal Social Adjustment Training model
- Hosted 185 guests at Synapse Laps, a family-focused wellness event
- Awarded grants from The Moody Foundation, Junior League of Collin County, The City of Plano, The Awesome Foundation, The Lightner Sams Foundation, & The Meadows Foundation



Capacity

BIND received a grant from The Moody Foundation, allowing us to serve more brain injury survivors and *eliminated* the wait list for services

100+ Resources

provided by phone to Texans affected by brain injury

30% Growth

of our income from 2017 to 2018

270 Visitors

received a Member-led tour

400 Texans

receive medical care for a newly acquired brain injury every day

Contact BIND

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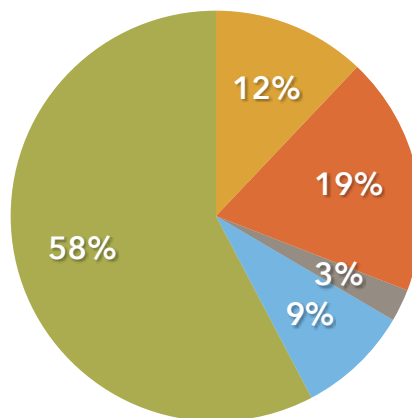
- Joining the International Brain Injury Clubhouse Alliance (IBICA) Board of Directors, our Executive Director accepted a nomination to serve 2 years as the President
- Bringing over \$65,000 to BIND in a single evening, over 200 guests registered to attend the Masquerade Gala
- 42% of our Members who no longer attend now have consistent employment or serve their community through volunteer work
- Featured in the Fall 2018 edition of the Brain Injury Association of America "The Challenge!" magazine
- Collaboratively brought Warrior Brain Training programming to the general public in Collin County with the Center for Brain Health and Plano Public Libraries
- Advocated for expanded state support of BIND and partnered with Mental Health Clubhouse programs through the Texas Clubhouse Coalition
- Participated in a national advocacy campaign "Unmasking Brain Injury"
- Partnered with Universities to supplement program services through skilled internship experiences (UNT, UTA, UTSW, UTD, Parker & Brightwood)
- Provided volunteer service to Medical City Plano, Rehab Without Walls, Hope's Door, Head for the Cure, The City of Plano & Haggard Library, and the Salvation Army Angel Tree
- Expanded wellness programming for Members to average 330 hours per month, including therapeutic art, book club, brain training, education, exercise, meal preparation, & men's/women's adjustment groups
- Controlled program expenses so that Membership dues remain as low as possible

2019 Ambitions

The BIND program continues to be the only provider of member-directed support services for brain injury survivors in Texas.

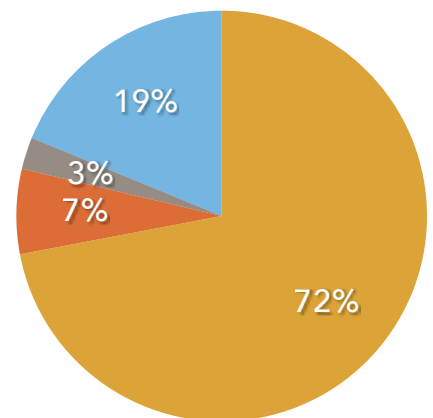
- Provide Work Readiness program services to at least 12 brain injury survivors through the Meadows Foundation grant
- Maximize available space and resources to increase our attendance from 60 to 80 visits a week
- Align partnerships to open a second location in Texas
- Plan for future expansion to purchase our permanent home

2018 Financials



Income: \$343,000

- Individual Contributions
- Happy Brain Gala
- North Texas Giving Day
- Earned Income
- Grants



Expenses: \$288,000

- Programs
- Fundraising
- Education & Training
- Operating